

# OCPA E-Alert May / June 2010



## In This OCPA E-Alert

### Good News for the Animals

- Moratorium on Deepwater Offshore Drilling in the Chukchi Sea Announced
- Ohio Farm Animal Ballot Initiative Gains Support
- Mainstream Media Covers More Animal Issues
- Peaceable Kingdom Wins Best of Fest Audience Award at Berkshire International Film Festival

### Recent OCPA Activities

- Scenic Vegan Fitness Walk at Laguna Coast – Friday, May 28<sup>th</sup> at 10:00 a.m.
- Veggie/Vegan Luncheon/Dinner Club – Sunday, June 6<sup>th</sup> at 6:00 p.m. at the Loving Hut in Huntington Beach
- Dinner at Au Lac (Verbal Style) – Thurs., June 10<sup>th</sup> at 6:45 p.m. in Fountain Valley

### Action Items

- Take Action for Sea Turtles, Polar Bears and Other Wildlife
- Ask Senator to Support the Safe Chemicals Act of 2010 (S 3209)
- Tell Vivo Bio Tech to Stop Experimenting on Beagles and Monkeys
- Urge Medical University of South Carolina to Stop Killing Pigs

### Upcoming Events – OCPA and Other

- TGIF Lunch – Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods in Tustin
- International Day of Action for Elephants in Zoos – Saturday, June 19<sup>th</sup>, Various Events/Locations
- Food, Fun, and Fireworks – Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim
- John Robbins Vegan Party – Sunday, June 20<sup>th</sup> at 4:00 p.m. in Beverly Hills
- Southern California Summerfest to Celebrate Vegan Earth Day – Sunday, June 27<sup>th</sup> at Mile Square Park in Fountain Valley
- Peaceful Demonstration – Sunday, June 27<sup>th</sup> at 2:00 p.m. at Barkworks in Mission Viejo
- Vegan Potluck and Free “Forks Over Knives” Screening – Wednesday, June 30<sup>th</sup> at 7:00 p.m. in Hacienda Heights
- The Greatest Circus Protest on Earth – Wednesday, July 14<sup>th</sup> at 5:00 p.m. at the L.A. Staples Center
- AR East Conference – July 15-19<sup>th</sup> in Washington, DC
- Healthy Lifestyle Expo 2010 – October 15-17<sup>th</sup> in Woodland Hills

**Special Note:** If you would like to receive occasional email notifications of outreach and volunteer opportunities – and local demonstration information – please respond to [julie.meskill@ocpausa.org](mailto:julie.meskill@ocpausa.org) to have your e-mail address included in a separate contact list. Thank you and we look forward to seeing you out and about this year on behalf of the animals.

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events.

## **Good News for the Animals!**

### ***Moratorium on Deepwater Offshore Drilling in the Chukchi Sea Announced***

In the wake of the largest oil spill in U.S. history, President Obama and Interior Secretary Ken Salazar took an important step toward preventing the next offshore oil disaster by announcing a moratorium on deepwater offshore drilling in the Chukchi Sea. Drilling activities there pose a serious threat to the sensitive ecosystems there that sustain polar bears, bowhead whales and other wildlife.

### ***Ohio Farm Animal Ballot Initiative Gains Support***

A large coalition of animal welfare advocates, veterinarians, family farmers and environmental organizations have joined forces to support a citizen-backed ballot initiative to help prevent cruel factory farming practices in the state of Ohio. Similar laws have already been enacted in Michigan, Arizona, California, Colorado, Florida, Maine and Oregon.

### ***Mainstream Media Covers More Animal Issues***

Several animal-related issues have appeared in mainstream media outlets lately – including shocking dairy farm and chick hatchery undercover video footage that aired on CNN, ABC, CBS, Fox affiliates, NBC and appeared in Slate magazine, an article titled, “Creating Chicken Without the Egg” in Time Magazine, and another article titled, “The Animal Cruelty Syndrome” appeared in the New York Times Magazine. A newly-released United Nations report condemns a meat-based diet and calls for a global shift away from animal products in our diets.

### ***Peaceable Kingdom Wins Best of Fest Audience Award at Berkshire International Film Festival***

Tribe of Heart’s latest documentary, “Peaceable Kingdom: The Journey Home” recently won the Best of Fest Audience Award for documentary at the Berkshire International Film Festival. The film aired two times, followed by Q&A sessions with an engaged and inspired audience.

## **Action Items – Your Letters/Calls Needed**

### ***Take Action for Sea Turtles, Polar Bears and Other Wildlife***

Loggerhead sea turtles were in trouble before the offshore Gulf oil disaster. The number of nesting females has declined by 50 percent in the past decade, leading the National Marine Fisheries Service to consider reclassifying loggerheads from threatened to endangered. But the ongoing Gulf oil disaster near their nesting grounds presents a new and deadly threat to these turtles. Exposure to oil can cause skin loss, poisoning, drowning and death. That is exactly why federal officials need every available tool to help save the lives of individual loggerheads and save this species from extinction.

Visit Defender of Wildlife’s [action page](#) to send an urgent message to the National Marine Fisheries Service to list loggerhead sea turtles as endangered.

And through another [action page](#), you can quickly contact your senator and urge Democrats to take a stand against Big Oil by supporting comprehensive climate legislation without dangerous new offshore drilling – to help protect polar bears, sea turtles, pelicans, lynx and thousands of other species.

### ***Ask Senator to Support the Safe Chemicals Act of 2010 (S 3209)***

Introduced by Sen. Frank Lautenberg (D-N.J.), The Safe Chemicals Act of 2010, S.3209, is designed to overhaul the 34-year-old Toxic Substances Control Act and tighten regulations on chemicals used in industrial and consumer goods. While the proposed Act incorporates long-overdue policy and scientific reforms recommended to reduce and replace the use of animals in chemical testing, it does not go far enough.

Visit [PETA’s action alert page](#) to send a message to your senator asking him/her to ensure that the Safe Chemicals Act of 2010 offers true public health protection that will reduce and replace animal testing.

## ***Tell Vivo Bio Tech to Stop Experimenting on Beagles and Monkeys***

Vivo Bio Tech Ltd., an Indian biotechnology company, plans to build a \$140 million animal testing facility in Malaysia, where there are no laws to protect animals in laboratories.

The company then plans to ship beagles and monkeys to the laboratory for experiments. These animals would be condemned to lives of pain, loneliness, misery, and death, with no government oversight to monitor their use. These animals can be burned, cut open, shocked, poisoned, socially isolated, starved, dehydrated, forcibly restrained, addicted to drugs, brain-damaged, and more.

Please visit [PETA's action page](#) to send a message to Vivo Bio Tech Ltd., urging the company to immediately halt all plans to conduct and fun animal experiments in Malaysia (or anywhere else).

## ***Urge Medical University of South Carolina to Stop Killing Pigs***

A recent PETA investigation prompted the U.S. Department of Agriculture to cite laboratories at the Medical University of South Carolina (MUSC) for violations of federal animal welfare laws and revealed that MUSC continues to cut holes in the throats and chests of live pigs in a cruel and deadly trauma training exercise, even though the university has replaced animal use with a state-of-the-art TraumaMan simulator to teach *the very same skills* in its Advanced Trauma Life Support (ATLS) course.

Comparative studies by leading trauma surgeons have repeatedly found that the use of TraumaMan—in addition to saving animals' lives—is superior to the use of animal labs for preparing trainees to treat injuries in human patients. TraumaMan and other simulators are endorsed by the American College of Surgeons and are used instead of animals in 95 percent of ATLS courses across the U.S.

By visiting an [action page](#), you can quickly send David Cole, the chair of MUSC's department of surgery, a message asking him to stop cruel training exercises on pigs.

## **Recent OCPA Activities**

### ***Scenic Vegan Fitness Walk at Laguna Coast – Friday, May 28<sup>th</sup> at 10:00 a.m.***

OCPA members and friends met on Friday, May 28<sup>th</sup>, at 10:00 a.m. for a beautiful walk along Laguna Beach.

### ***Veggie/Vegan Luncheon/Dinner Club Meeting – Sunday, June 6<sup>th</sup> at 6:00 p.m. at the Loving Hut in Huntington Beach***

OCPA members and friends met on Sunday, June 6<sup>th</sup> at 6:00 p.m. for the monthly veggie/vegan luncheon/dinner club meeting at the Loving Hut in Huntington Beach.

This Loving Hut is located at 19891 Brookhurst Street, Huntington Beach, CA 92646; phone: 714-962-6449; website: <http://m.lovinghutcuisine.com/default.asp>.

We meet every first Sunday of the month at a different vegetarian/vegan restaurant. Stay tuned for upcoming e-alerts or visit <http://www.meetup.com/OCPAUSA> for information about more of these types of gatherings in the future.

### ***Dinner at Au Lac (Verbal Style) – Thursday, June 10<sup>th</sup> at 6:45 p.m. in Fountain Valley***

OCPA members and friends met on Thursday, June 10<sup>th</sup> at 6:45 p.m. to savor Au Lac's great vegan food while honing skills in diplomacy and public speaking, making new friends with shared values, and learning about the latest issues in nutrition, the environment and animal rights.

A "Verbal Vegans" dinner is a unique opportunity for personal growth and empowerment. Learn more about Verbal Vegans at <http://www.meetup.com/verbal/>. Check out short texts exploring techniques for diplomacy, persuasion, and public speaking at <http://www.meetup.com/verbal/files>.

Au Lac is located at 16563 Brookhurst Street, Fountain Valley, CA 92708; phone: (714) 418-0658.

## Upcoming Events – OCPA and Other

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events. A special thanks to Tracey Turner, Jennifer Tan and Dave Simon for their help in setting up and maintaining these pages/sites for OCPA.

### ***TGIF Lunch – Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods in Tustin***

Join OCPA and friends for a TGIF Lunch on Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods (Tustin District).

Friday is French Dip day at Native Foods! Meet fellow vegans and animal lovers for a short and simple lunch on the outdoor patio. You can get the French Dip if you want, but you don't have to...☺

Native Foods, 2453 Park Avenue, Tustin, CA 92782; phone: 714-259-0400.

To learn more and RSVP, visit: <http://www.meetup.com/OCPAUSA/calendar/13798377/>.

### ***International Day of Action for Elephants in Zoos – Saturday, June 19<sup>th</sup>, Various Events/Locations***

On June 19<sup>th</sup>, advocates and elephant protectors around the world – from the U.S. to the U.K., Canada, and South Africa – will participate in the International Day of Action for Elephants in Zoos (IDAEZ).

Outreach events and demonstrations are planned to educate the public about the tragic effects of confining the Earth's largest land mammals in small, barren zoo enclosures.

Help make this event a mammoth success for the elephants by participating in an IDAEZ event near you. When you take action, you join a chorus of compassionate advocates calling for an end to the elephants' suffering.

As you know, elephants were never meant to live in small urban zoos where lack of space and unnatural conditions cause painful and often deadly conditions such as chronic foot infections and crippling arthritis, and where elephants abnormally rock, sway and head bob, a sign of deep psychological distress.

Please come out for the elephants on June 19<sup>th</sup> at one of the events/locations listed at [IDA's website](#).

### ***Food, Fun, and Fireworks – Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim***

Join OC Vegan Drinks and kick off the summer in style at the Food, Fun and Fireworks event on Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim.

K'ya, at the Hotel Menage in Anaheim (southwest corner of Harbor and Ball), is a casually elegant restaurant, offering a diverse menu of international "street fare"-style small plates. We'll have a menu of selected vegan items, none costing more than \$6. The outdoor Palapa Bar provides a tropical atmosphere, where we can mingle and enjoy food and drink. Happy Hour will be extended until 9 p.m., with special pricing on drinks from the Happy Hour menu.

The evening will literally end with a bang, as the hotel's poolside provides prime viewing of Disneyland's Fireworks Spectacular at 9:25.

*Note:* The Hotel Menage provides valet parking, which is free with validation from K'ya.

For more information about this event, visit: <http://www.meetup.com/OCPAUSA/calendar/13684260/>.

### ***John Robbins Vegan Party – Sunday, June 20<sup>th</sup> at 4:00 p.m. in Beverly Hills***

Come out and enjoy a party honoring the founder of EarthSave, John Robbins, on Sunday, June 20<sup>th</sup> at 4:00 p.m. in Beverly Hills.

This elegant party will be held at a magnificent Beverly Hills mansion, with drinks, hors d'oeuvres, music and interesting people. Hear John Robbins discuss his new book, and meet and mix with like-minded people, including some fascinating celebrities.

And support EarthSave in helping bring health to underprivileged families who can benefit from shifting to a healthy vegan diet.

For more information about this event, visit: <http://www.mealsforhealth.org/>.

### ***Southern California Summerfest to Celebrate Vegan Earth Day – Sunday, June 27<sup>th</sup> at Mile Square Park in Fountain Valley***

Come out and celebrate Vegan Earth Day at Southern California's SUMMER-FEST, a solar-powered music, fun, and food festival celebrating the second annual Vegan Earth Day, on Sunday, June 27<sup>th</sup> at the Fountain Valley Recreation and Sports Center (adjacent to Mile Square Park), 16400 Brookhurst Street, Fountain Valley, CA 92708 (at Heil across from Au Lac Vegan Restaurant).

Because most typical Earth Day, or so-called "green" gatherings, include the stench of barbecue and the sale of meat, dairy, eggs, and fish, Earth Day now seems more like a "Destroy-the- Earth Day," considering meat and dairy (MAD) generate 51% of all greenhouse gas emissions, and cause deforestation, drought, resource depletion, soil erosion, desertification, habitat destruction, energy crises, and so much more...

The debut of Vegan Earth Day last year was a huge success, embraced around the world, proclaimed in the U.S. Congress, celebrated in festivals and in live global broadcasts, highlighted on TV, and in newspapers, and capturing the imagination of those who want to save the world from climate change and environmental devastation, people from hunger and disease, and animals from suffering and slaughter.

Southern California Summer-Fest will benefit Orange County People for Animals, International Fund for Africa, Go Vegan Radio, and Haitian emergency relief. This event will feature world-class live music including reggae from "Son-of-Haiti" King Wawa, with the debut of his new song and video "Haiti Will Rise Again." (Please bring clothing, blankets, tents, supplies, and non-perishable vegan food to the festival for King Wawa to take to Haiti now in its new rainy season emergency.)

Also featured at this event are renowned speakers including Dr. Anteneh Roba, founder of the International Fund for Africa (saving human babies and animals) and other great speakers throughout the day, environmentalists, health experts, activists, video presentations, children's activities, animal adoptions, yoga and the healthiest, best-tasting planet-saving cuisine ever.

If you interested in becoming a sponsor, vendor or volunteer for this event, contact Bob Linden at [Bob@GoVeganRadio.com](mailto:Bob@GoVeganRadio.com) or call 818-623-6477. Volunteers are needed for marketing activities, publicity, press releases, online activities, community calendars, interview solicitation, artwork, flyers, printing, banners, website, stage, stage management, music equipment/backline, booth tables, chairs, canopies, etc., restaurant booth (including cooking, health/fire department permits), cleanup and more.

### ***Peaceful Demonstration – Sunday, June 27<sup>th</sup> at 2:00 p.m. at Barkworks in Mission Viejo***

Join OCPA and Best Friends on Sunday, June 27<sup>th</sup> at 2:00 p.m. for a peaceful demonstration outside the Shops at Mission Viejo, where Barkworks operates a retail store.

Barkworks insists on selling dogs raised in puppy mills, a cruel and inhumane practice that was recently investigated and exposed in a special segment on KTLA:  
<http://www.youtube.com/watch?v=IEI7ZitTYE&feature=related>.

The Shops at Mission Viejo, 555 The Shops at Mission Viejo, Mission Viejo, CA 92691.

Look for our group on Crown Valley in front of the mall. We will have signs for everyone, but you are welcome to bring your own signs too.

Please do not park at the mall as the walk down from the parking structure is dangerous. Please park either across the street behind the gas station that is on the corner, or in the Wellness Center parking lot which is on the mall side of the street on Crown Valley right before the entrance to the mall. The Wellness Center is not open on Sunday's so it should be ok to park there. It is the closest place to park for the demonstration.

Please email Barb Holcomb with any questions at [gregandbarb@cox.net](mailto:gregandbarb@cox.net).

And for more information, visit: <http://www.meetup.com/OCPAUSA/calendar/13747691/>.

### ***Vegan Potluck and Free "Forks Over Knives" Screening – Wednesday, June 30<sup>th</sup> at 7:00 p.m. in Hacienda Heights***

Come out for a fun vegan potluck and free "Forks Over Knives" screening on Wednesday, June 30<sup>th</sup>, starting at 7:00 p.m. in Hacienda Heights.

This event is one of a series of "No-Meat and Mingle Vegan Potluck/Mixers" held on Wednesdays in the LA area. Bring a vegan dish, desert or drink, and include ingredients for those with allergies, such as gluten and nuts. Non-vegans are welcome to join, but should not bring anything containing meat, fish, eggs, dairy, or honey (no animal products).

At 8:00 p.m., the free screening of 'Forks Over Knives' will occur with the movie's executive producer, Brian Wendel. At the end of the screening, guests can provide comments during a Q&A session.

For more information, exact location of the event and to RSVP, visit: <http://www.meetup.com/OCPAUSA/calendar/13648829>.

And for more information about the movie, visit: <http://forksoverknives.com>.

### ***The Greatest Circus Protest on Earth – Wednesday, July 14<sup>th</sup> at 5:00 p.m. at the L.A. Staples Center***

Animal advocates will meet for the Greatest Circus Protest on Earth on Wednesday, July 14<sup>th</sup> beginning at 5:00 p.m. at the Los Angeles Staples Center. Check the <http://www.meetup.com/OCPAUSA> site for more details – and for other upcoming circus demonstrations in Anaheim this summer.

### ***AR East Conference – July 15-19<sup>th</sup> in Washington, DC***

Join the Animal Rights 2010 National Conference, the world's largest and longest-running annual gathering of animal activists – this year held on the East Coast between July 15<sup>th</sup> and 19<sup>th</sup> at the Hilton Alexandria Mark Center Hotel in Washington, DC.

This summer's event features more than 100 sessions (plenaries, workshops, raps, reports); concurrent tracks on animal abuse, organizing, tactics, ideology; eyewitness reports on the whale wars and other key campaigns; nearly a hundred speakers from 60 organizations (all viewpoints on animal liberation represented); talks by leaders of other social justice movements; awards to national, grassroots, young activists; extensive learning and networking opportunities; 90 exhibits (free to visitors); and 80 videos (including "Skin Trade" premiere).

Charlotte Cressey, OCPA Director of Community Outreach, will be teaching Earth Energy Yoga at the conference, which emphasizes connecting to nature and seeing the interconnectedness of all life. For more information and/or to register for this event, visit: <http://www.arconference.org/>.

### ***Healthy Lifestyle Expo 2010 – October 15<sup>th</sup> – 17<sup>th</sup> in Woodland Hills***

Sponsored by VegSource, the healthy Lifestyle Expo 2010 is scheduled to occur between Friday and Sunday, October 15-17<sup>th</sup> at the Warner Center Marriott in Woodland Hills.

Featuring eye-opening presentations from leading health experts, learn how to prevent and reverse heart disease, achieve permanent weight loss, protect yourself against breast, prostate and colon cancer, and make the changes in your life you've always wanted.

This year's speakers include: Joel Fuhrman, MD, John McDougall, MD, Jeff Novick, MS, RD, LV/N, Rip Esselstyn, John Robbins, Matt Lederman, MD, Rev. Heng Sure, PhD, and several others.

For more information and to purchase tickets, visit: <http://healthylifestyleexpo.com/>.

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## **Thank you for everything you do for the animals!**

Orange County People for Animals is a Southern California-based 501(c)3 non-profit animal advocacy organization founded in 1988 to help create a compassionate, healthy and peaceful planet for all living beings.

For more information about OCPA, visit our web site at <http://ocpausa.org>. To become an OCPA member or to make a donation using a secure online form, visit <http://ocpausa.org/join.htm>, e-mail [donations@ocpausa.org](mailto:donations@ocpausa.org) or [subscription@ocpausa.org](mailto:subscription@ocpausa.org) for additional information.

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