

# OCPA E-Alert June / July 2010



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### Recent OCPA Activities

- TGIF Lunch – Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods in Tustin
- International Day of Action for Elephants in Zoos – Saturday, June 19<sup>th</sup>, Various Events/Locations
- Food, Fun, and Fireworks – Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim
- Southern California Planetfest to Celebrate Vegan Earth Day – Sunday, June 27<sup>th</sup> at Mile Square Park in Fountain Valley
- Peaceful Demonstration – Sunday, June 27<sup>th</sup> at 2:00 p.m. at Barkworks in Mission Viejo
- Vegan Potluck and Free "Forks Over Knives" Screening – Wednesday, June 30<sup>th</sup> at 7:00 p.m. in Hacienda Heights
- Andrew Stephanian, SHAC 7 Defendant, Talk "Perspectives" – Thursday, July 1<sup>st</sup> at 7:00 p.m. in Irvine
- International Day of Action for Dogs and Cats in South Korea – Tuesday, July 6<sup>th</sup> at Various Locations
- Dinner at Au Lac (Verbal Style) – Thurs., July 8<sup>th</sup> at 6:45 p.m. in Fountain Valley
- L.A. VegWeek – July 11<sup>th</sup> – Various Events and Locations
- The Greatest Circus Protest on Earth – Wednesday, July 14<sup>th</sup> at 5:00 p.m. at the L.A. Staples Center
- AR East Conference – July 15-19<sup>th</sup> in Washington, DC

### Action Items

- Join PETA's Campaign to File Cruelty-to-Animals Charges Against BP
- Tell Government to Stop Wild Horse Roundups
- Urge Congress to Support the Puppy Uniform Protection and Safety (PUPS) Act

### Upcoming Events – OCPA and Other

- National Veggie Hot Dog Month (July) – Various Events and Locations
- The Greatest Circus Protest on Earth – Wednesday, July 21<sup>st</sup> at 6:00 p.m., and Saturday, July 24<sup>th</sup> and Sunday, July 25<sup>th</sup> at 1:00 p.m. in Ontario
- The Cove Screening – Thursday, July 22<sup>nd</sup> at 7:00 p.m. in San Diego
- Vegan Dinner (Followed by Peaceful Foie Gras Demonstration) – Friday, July 23<sup>rd</sup> at 5:30 p.m. at Happy Family Vegetarian Restaurant in Costa Mesa
- The Greatest Circus Protest on Earth – Wednesday, July 28<sup>th</sup> at 5:00 p.m. and Sunday, August 1<sup>st</sup> at 3:00 p.m. at the Honda Center in Anaheim
- Tailgate Party (Following Circus Demo) – Wednesday, July 28<sup>th</sup> at 7:30 p.m. in Anaheim
- Veggie/Vegan Luncheon/Dinner Club – Sunday, August 1<sup>st</sup> at 6:30 p.m. at Happy Family in Costa Mesa
- Vegan Outreach at the Fullerton Artwalk – Friday, August 6<sup>th</sup> at 9:00 p.m. in Fullerton
- Veggie/Vegan Luncheon/Dinner Club – Sunday, Sept. 5<sup>th</sup> at 6:30 p.m. at the Zen Restaurant in Westminster
- Walk for Farm Animals – Early October – Various Events and Locations
- Second Annual San Diego Veg Week – October 2-9<sup>th</sup> – Various Events and Locations
- Veggie/Vegan Luncheon/Dinner Club – Sunday, October 3<sup>rd</sup> at 6:30 p.m. at Mitasia 3 in Huntington Beach
- Healthy Lifestyle Expo 2010 – October 15-17<sup>th</sup> in Woodland Hills

**Special Note:** If you would like to receive occasional email notifications of outreach and volunteer opportunities – and local demonstration information – please respond to [julie.meskell@ocpausa.org](mailto:julie.meskell@ocpausa.org) to have your e-mail address included in a separate contact list. Thank you and we look forward to seeing you out and about this year on behalf of the animals.

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events.

## **Good News for the Animals!**

### ***DC City Council Adopts “Meat-Free Mondays” Resolution***

D.C. City Council hosted a presentation of its newly adopted ["DC Meat-Free Monday" Ceremonial Resolution](#). The resolution highlights the benefits of adding more fruits and vegetables to our diets and encourages residents to "abstain from animal products on Mondays."

### ***Cruel Kosher Slaughter Methods Banned***

PETA's recent undercover investigation of the largest slaughterhouse in Uruguay exposed that the facility was using the primitive and cruel ["shackle and hoist"](#) method for kosher slaughter. This slaughterhouse is the largest foreign supplier of kosher meat to the U.S. and a major kosher meat exporter to Israel. Thanks to the PETA investigation, the Chief Rabbinate of Israel announced that by 2011 it will no longer certify meat as kosher if it's from a slaughterhouse that uses "shackle and hoist"— that's about 80 percent of the meat imported into Israel.

### ***Attempt to Lift Ban on Commercial Whaling Blocked***

The International Whaling Commission (IWC) announced that it is delaying action on a deal that would have legalized commercial whaling for the first time in a generation. At last month's international meeting to determine the fate of the world's whales, some nations and groups pushed for a deal that would have granted authority for Norway, Japan, and Iceland to kill whales. Hundreds of thousands of activists from around the world told their governments to choose policies that protect whales, not kill them, and the message was heard loud and clear.

### ***Ohio to Adopt Several Measures to Protect Farm Animals***

A large coalition of animal welfare advocates, veterinarians, family farmers and environmental organizations joined forces to support a citizen-backed ballot initiative to help prevent cruel factory farming practices in the state of Ohio to join similar laws enacted in Michigan, Arizona, California, Colorado, Florida, Maine and Oregon.

A landmark agreement was struck that will lead to eight reforms on animal agriculture, cockfighting, puppy mills, and buying certain wild animals as pets. For more information about this vital progress for farm (and other) animals in Ohio, visit [Farm Sanctuary's](#) site at [http://action.farmsanctuary.org/site/MessageViewer?em\\_id=17801.0&printer\\_friendly=1](http://action.farmsanctuary.org/site/MessageViewer?em_id=17801.0&printer_friendly=1).

### ***California Bans Sale of Eggs from Hens in Battery Cages***

Following the landslide success of Proposition 2 in the 2008 election, banning intensive battery cages for egg laying hens in California, the legislature passed AB 1437, which bans the sale in California of eggs from such cruel systems no matter where they are produced. Gov. Schwarzenegger has just signed this major piece of legislation, making California the first state in the nation to ban the sale of battery cage eggs. The law goes into effect in 2015 along with Prop 2.

## ***Zimbabwe Stops Sale of Elephants and Other Wildlife to North Korea***

The government of Zimbabwe announced that it has called off a wildlife sale that would have sent two wild-caught, eighteen-month-old baby elephants, as well as giraffes, zebras, hyenas, monkeys and birds, to a zoo in North Korea.

## ***The Big Easy in San Diego Removes Foie Gras from Menu***

Top Chef's Frank Terzoli opened The Big Easy in Hillcrest earlier this year, but unfortunately, [foie gras](#) was on the menu. After presenting Chef Frank with the San Diego City Council [resolution](#) sponsored by Councilmember Donna Frye on this topic, he removed this cruel item and told APRL that "foie gras was yesterday's food."

## ***LAAS Announces New GM***

The L.A. Mayor and City Council recently selected Brenda Barnette to head Los Angeles Animal Services (LAAS). Barnette has a 94% save rate for the Humane Society of Seattle-King County, which contracts for animal control services with the City of Renton, Washington, and has worked with other premier No Kill shelters including the San Francisco SPCA. Barnette states that there is one goal that to her is non-negotiable – saving more animals' lives. She made it clear that providing more low cost and free spay/neuter in LA is critical and that her personal view is that there should be a zero tolerance of any type of animal cruelty in Los Angeles.

## **Action Items – Your Letters/Calls Needed**

### ***Join PETA's Campaign to File Cruelty-to-Animals Charges Against BP***

As oil continues to wreck the water and destroy animals' breeding, nesting, and feeding grounds in the Gulf of Mexico, tens of thousands of animals are suffering and dying painful and lingering deaths—and there is no end in sight. PETA is calling on the attorneys general of Alabama, Florida, Louisiana, and Mississippi to file charges of cruelty to animals against the BP executives who allowed this to happen and, because of their negligence, continue to let it go on.

The homes of countless animals have been destroyed. Oil-soaked birds slowly drown, turtles endure chemical burns and organ damage when they ingest tar balls, and many marine mammals, such as dolphins, have already been found dead along the coast. Experts say that whales will not escape the disaster unharmed either.

BP's "disaster plan" deliberately disregarded possible damage to native species and their habitats, listed a long-dead expert as a primary contact, totally overstated the company's ability and readiness to deal with such a catastrophe (it had no real plan!), and purposely underestimated the extent of the carnage that could occur and is still occurring.

Visit [PETA's Action Center](#) at <https://secure.peta.org/site/Advocacy?cmd=display&page=UserAction&id=3186> to send a message to the attorneys general about filing animal cruelty charges against BP.

### ***Tell Government to Stop Wild Horse Roundups***

Bureau of Land Management (BLM) is pushing ahead with its plan to remove 6,000 wild horses from the range in six western states between now and October. This will bring the total removed for 2010 to more than 12,000.

Until the helicopters descend, wild horses are free mustangs, living with their families in the mountains and canyons. The BLM roundups will forever change their lives - stampeded into trap pens, they will never see their families again. Some will be adopted, others will be sold to the highest bidder. Most will be shipped to government holding facilities in the Midwest where they will be warehoused for the rest of their lives – with the two most important things taken from them: their family and freedom.

Visit [IDA's Action Center](#) at <http://ida.convio.net/site/PageServer> to send various messages opposing these cruel and unnecessary roundups in Nevada and Utah.

## ***Urge Congress to Support the Puppy Uniform Protection and Safety (PUPS) Act***

There is a large loophole in the federal law concerning USDA oversight of large-scale commercial dog breeders (known as “puppy mills”). Currently, breeders who sell to brokers and pet stores have to be licensed by the USDA, while those who sell puppies directly to the public do not.

Introduced in Congress in late May, a bill called the Puppy Uniform Protection and Safety (PUPS) Act will bring **all** commercial dog breeders in the United States under federal oversight by requiring any breeder who sells or offers to sell more than 50 dogs annually to the public—including **over the Internet**—to be licensed and inspected. The bill will also require all licensed breeders to exercise every dog daily.

The PUPS Act is extremely important humane legislation that will improve the lives of thousands of dogs across the country. Visit [ASPCA's Advocacy Center](http://www.aspca.org/fight-animal-cruelty/advocacy-center/) at <http://www.aspca.org/fight-animal-cruelty/advocacy-center/> to send an e-mail to your senators and representative to urge them to support and co-sponsor the PUPS Act.

## **Recent OCPA Activities**

### ***TGIF Lunch – Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods in Tustin***

OCPA and friends met for a TGIF Lunch on Friday, June 18<sup>th</sup> at 1:00 p.m. at Native Foods (Tustin District).

Fellow vegans and animal lovers enjoyed lunch on Native Food's outdoor patio located at 2453 Park Avenue, Tustin, CA 92782; phone: 714-259-0400.

### ***International Day of Action for Elephants in Zoos – Saturday, June 19<sup>th</sup>, Various Events/Locations***

On June 19<sup>th</sup>, advocates and elephant protectors around the world – from the U.S. to the U.K., Canada, and South Africa – participated in the International Day of Action for Elephants in Zoos (IDAEZ). Outreach events and demonstrations educated the public about the tragic effects of confining the Earth's largest land mammals in small, barren zoo enclosures.

This was a huge success for the elephants featuring events in more than 30 cities in seven countries, and the first-ever virtual protest that used social networking technology to circulate nearly 10,000 messages about the suffering and premature deaths of elephants in zoos.

### ***Food, Fun, and Fireworks – Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim***

OC Vegan Drinks and OCPA kicked off the summer in style at the Food, Fun and Fireworks event on Saturday, June 19<sup>th</sup> at 8:00 p.m. at K'ya in Anaheim.

K'ya, at the Hotel Menage in Anaheim (southwest corner of Harbor and Ball), is a casually elegant restaurant, offering a diverse menu of international “street fare”-style small plates. The event featured a menu of selected vegan items, none costing more than \$6. The outdoor Palapa Bar provided a tropical atmosphere, where visitors mingled and enjoyed food and drink during an extended happy hour.

The evening literally ended with a bang, as the hotel's poolside provided prime viewing of Disneyland's Fireworks Spectacular at 9:25.

### ***Southern California Planetfest to Celebrate Vegan Earth Day – Sunday, June 27<sup>th</sup> at Mile Square Park in Fountain Valley***

Attendees enjoyed a day in the sun celebrating Vegan Earth Day at Southern California's first Planetfest, a solar-powered music, fun, and food festival celebrating the second annual Vegan Earth Day, on Sunday, June 27<sup>th</sup> at the Fountain Valley Recreation and Sports Center (adjacent to Mile Square Park), 16400 Brookhurst Street, Fountain Valley, CA 92708 (at Heil across from Au Lac Vegan Restaurant).

The debut of Vegan Earth Day last year was a huge success, embraced around the world, proclaimed in the U.S. Congress, celebrated in festivals and in live global broadcasts, highlighted on TV, and in newspapers, and capturing the imagination of those who want to save the world from climate change and environmental devastation, people from hunger and disease, and animals from suffering and slaughter.

Southern California's Planetfest helped to benefit OCPA, International Fund for Africa, Go Vegan Radio, and Haitian emergency relief. The fun event featured world-class live music including reggae from "Son-of-Haiti" King Wawa, with the debut of his new song and video "Haiti Will Rise Again." Also featured at this event were renowned speakers including Dr. Anteneh Roba, founder of the International Fund for Africa (saving human babies and animals) and other great speakers throughout the day, environmentalists, health experts, activists, video presentations, children's activities, animal adoptions, yoga and the healthiest, best-tasting planet-saving cuisine ever.

### ***Peaceful Demonstration – Sunday, June 27<sup>th</sup> at 2:00 p.m. at Barkworks in Mission Viejo***

OCPA members and Best Friends met on Sunday, June 27<sup>th</sup> at 2:00 p.m. for a peaceful demonstration outside the Shops at Mission Viejo, where Barkworks operates a retail store.

Barkworks insists on selling dogs raised in puppy mills, a cruel and inhumane practice that was recently investigated and exposed in a special segment on KTLA:

<http://www.youtube.com/watch?v=IEI7ZitTYE&feature=related>.

The Shops at Mission Viejo, 555 The Shops at Mission Viejo, Mission Viejo, CA 92691.

### ***Vegan Potluck and Free “Forks Over Knives” Screening – Wednesday, June 30<sup>th</sup> at 7:00 p.m. in Hacienda Heights***

Activists met for a fun vegan potluck and free “Forks Over Knives” screening on Wednesday, June 30<sup>th</sup>, starting at 7:00 p.m. in Hacienda Heights.

This event was one of a series of "No-Meat and Mingle Vegan Potluck/Mixers" held on Wednesdays in the LA area. Attendees enjoyed a vegan meal followed by the screening of 'Forks Over Knives' with the movie's executive producer, Brian Wendel. At the end of the screening, guests provided comments during a Q&A session.

For more information about the movie, visit: <http://forksoverknives.com>.

### ***Andrew Stephanian, SHAC 7 Defendant, Talk “Perspectives” – Thursday, July 1<sup>st</sup> at 7:00 p.m. in Irvine***

Andrew Stephanian, a SHAC 7 (Stop Huntingdon Animal Cruelty) defendant, presented “Perspectives” on Thursday, July 1<sup>st</sup> at 7:00 p.m. at the Goddess Temple in Irvine.

His interesting talk followed the story of a beagle dying in a cage, an incarcerated father, an Arab national rounded up amidst trumped terror scares, and an anonymous individual who breaks into a lab to free that same caged beagle.

Vegan refreshments were also served at this event.

### ***International Day of Action for Dogs and Cats in South Korea – Tuesday, July 6<sup>th</sup> at Various Locations***

Activists around the globe illuminated the plight of dogs and cats in South Korea killed for human consumption during IDA's International Day of Action for South Korean Dogs on Tuesday, July 6<sup>th</sup>. Dozens of cities around the world hosted outreach events to educate their communities about this important issue. Thirty-eight cities participated in events ranging from protests and leafleting outside South Korean Embassies and Consulates to info tables at universities.

### ***Dinner at Au Lac (Verbal Style) – Thursday, July 8<sup>th</sup> at 6:45 p.m. in Fountain Valley***

OCPA members and friends met on Thursday, July 8<sup>th</sup> at 6:45 p.m. to savor Au Lac's great vegan food while honing skills in diplomacy and public speaking, making new friends with shared values, and learning about the latest issues in nutrition, the environment and animal rights.

A "Verbal Vegans" dinner is a unique opportunity for personal growth and empowerment. Learn more about Verbal Vegans at <http://www.meetup.com/verbal/>. Check out short texts exploring techniques for diplomacy, persuasion, and public speaking at <http://www.meetup.com/verbal/files>.

Au Lac is located at 16563 Brookhurst Street, Fountain Valley, CA 92708; phone: (714) 418-0658.

### ***L.A. VegWeek – July 11<sup>th</sup> – Various Events and Locations***

Los Angeles' first VegWeek got underway with a [kick-off party](#) on Sunday, July 11<sup>th</sup> with more than 100 people in attendance, delicious vegan food, and special guests Assemblymember Ted Lieu and Celebrity Chef Chloe Coscarelli.

At the event, Asm. Ted Lieu presented Compassion Over Killing with a Certificate of Appreciation for sponsoring Los Angeles VegWeek. Congressman Brad Sherman, Asms. Ted Lieu and Pedro Nava, and more than 50 others signed onto COK's pledge to go veg for the week and several Los Angeles businesses participated by offering new veg menu items or discounts on existing veg items, cooking classes, and more.

For more information, visit: <http://www.lavegweek.com>.

### ***The Greatest Circus Protest on Earth – Wednesday, July 14<sup>th</sup> at 5:00 p.m. at the L.A. Staples Center***

History was made when more than 300 animal advocates met for the Greatest Circus Protest on Earth on Wednesday, July 14<sup>th</sup> at 5:00 p.m. at the Los Angeles Staples Center to help educate the public about the cruelty behind Ringling Brothers Circus. This was the largest circus demonstration turnout in L.A. history!

Check the <http://www.meetup.com/OCPAUSA> site for more details – and continue reading this e-alert for other upcoming circus demonstrations in Ontario and Anaheim.

### ***AR East Conference – July 15-19<sup>th</sup> in Washington, DC***

The Animal Rights 2010 National Conference, the world's largest and longest-running annual gathering of animal activists – this year was held on the East Coast between July 15<sup>th</sup> and 19<sup>th</sup> at the Hilton Alexandria Mark Center Hotel in Washington, DC.

This summer's event featured more than 100 sessions (plenaries, workshops, raps, reports); concurrent tracks on animal abuse, organizing, tactics, ideology; eyewitness reports on the whale wars and other key campaigns; nearly a hundred speakers from 60 organizations (all viewpoints on animal liberation represented); talks by leaders of other social justice movements; awards to national, grassroots, young activists; extensive learning and networking opportunities; 90 exhibits (free to visitors); and 80 videos (including "Skin Trade" premiere).

For more information about the event, visit: <http://www.arconference.org/>.

## **Upcoming Events – OCPA and Other**

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events. A special thanks to Tracey Turner, Jennifer Tan and Dave Simon for their help in setting up and maintaining these pages/sites for OCPA.

## ***National Veggie Hot Dog Month (July) – Various Events and Locations***

Since the National Hot Dog and Sausage Council declared July as National Hot Dog Month, for the fifth year in a row, Compassion Over Killing is celebrating with a compassionate twist: *National Veggie Hot Dog Month*.

While our nation celebrates its independence, help expose the miseries forced upon tens of millions of pigs confined inside factory farms across the U.S. each year—from mother pigs crammed in narrow metal crates for months on end to their piglets who are taken away within weeks of birth and kept in barren, overcrowded pens until they are shipped to slaughter.

For more information about this event – and to coordinate/find one in your city – visit COK's site at <http://www.cok.net/feat/hotdogday/>.

### ***The Greatest Circus Protest on Earth – Wednesday, July 21<sup>st</sup> at 6:00 p.m., and Saturday, July 24<sup>th</sup> and Sunday, July 25<sup>th</sup> at 1:00 p.m. in Ontario***

Animal advocates will meet for more Greatest Circus Protests on Earth on Wednesday, July 21<sup>st</sup> at 6:00 p.m., and Saturday, July 24<sup>th</sup> and Sunday, July 25<sup>th</sup> at 1:00 p.m. in Ontario at the Citizens Business Bank Arena located at 4000 East Ontario Center Parkway, Ontario, CA 91764; phone 909-484-2020.

Check the <http://www.meetup.com/OCPAUSA> site for more details.

### ***The Cove Screening – Thursday, July 22<sup>nd</sup> at 7:00 p.m. in San Diego***

Oscar winning documentary, *The Cove*, about stopping the secret dolphin slaughter in Japan, will be playing at the Birch North Park Theater, 2891 University Ave., San Diego 92104 on Thursday, July 22<sup>nd</sup> at 7:00 p.m. The screening is absolutely free and will be preceded by a mixer at the West Coast Tavern, next to the theater at 2895 University, with celebrity guest Kelly Hu at 5:00 p.m. There will be Q&A after the show with Craig Tsuyumine of Save Japan Dolphins.

### ***Vegan Dinner (Followed by peaceful Foie Gras Demonstration) – Friday, July 23<sup>rd</sup> at 5:30 p.m. at Happy Family Vegetarian Restaurant in Costa Mesa***

Come join OCPA for dinner at the newest vegan restaurant in Orange County, Happy Family in Costa Mesa, followed by a peaceful demonstration at Marche Moderne Restaurant in South Coast Plaza. Feel free to come to dinner, or the demo, or both. However, note that because of South Coast Plaza's permit rules, attendance at the demo is limited to six people.

We'll meet for dinner from 5:30 p.m. to 6:50 p.m., and then head up to South Coast Plaza for the demonstration from 7:00 to 9:00 p.m.

Happy Family Restaurant (Dinner), 1400 Bristol Street (200 feet North of Red Hill, next to Travelodge), Costa Mesa, CA; phone: 714-668-9288.

Marche Moderne Restaurant (Demo), 3333 Bristol Street (inside South Coast Plaza, on 3rd Floor near Nordstrom), Costa Mesa, CA.

Help OCPA demonstrate against foie gras at Marche Moderne Restaurant in South Coast Plaza! We've attempted unsuccessfully to convince the restaurant's management to take foie gras off their menu. Now it's time to explain to their customers that foie gras is cruel, and those who support Marche Moderne support cruelty.

Those who eat foie gras are eating the diseased, unhealthy liver of a duck which is 85% fat, a disgusting prospect in itself. But it's not just unhealthy for humans. Foie gras is created by forcibly restraining ducks three times a day while a rough steel pipe is shoved down their throats to overfeed them and make their livers swell to 10 times normal size. The birds often die during the feeding process from injuries to the stomach or esophagus. Those who don't die experience the same extraordinary pain a human would if force-fed 40 pounds of pasta per day.

The foie gras campaign has resulted in several local restaurants removing foie gras from the menu, including Five Feet, the Sky Room, DaVinci's, Mr. A's, Hammamori, French 75, The Winery and Laurel's. Please help us make Orange County foie gras-free. We have signs and banners. We just need your presence to help the animals.

Learn more here: <http://www.meetup.com/OCPAUSA/calendar/13984296/>.

***The Greatest Circus Protest on Earth – Wednesday, July 28<sup>th</sup> at 5:00 p.m. and Sunday, August 1<sup>st</sup> at 3:00 p.m. at the Honda Center in Anaheim***

Animal advocates will descend upon Anaheim for the Greatest Circus Protest on Earth on opening night in OC on Wednesday, July 28<sup>th</sup> beginning at 5:00 p.m. and again on Sunday, August 1<sup>st</sup> at 3:00 p.m., at the Honda Center.

Most people go to the circus because they love animals; they don't realize going to the circus is supporting animal cruelty! Circus animals are forced to endure horrendous abuse during training to make them perform silly acts to amuse the public! They are frequently deprived of food and water to induce them to perform and to prevent untimely defecation while they are in public view. They are not allowed to socialize with their own species and spend most of their lives in small, dirty cages, released only when it is time to perform. Many circus animals are leased seasonably from dealers, and go from one circus to another, which provides little incentive for circus owners to keep them healthy. They suffer from inadequate care, as they are often "cared for" by temporary circus workers who have little or no experience, and are not qualified to care for these magnificent animals!

To RSVP and for more information, visit <http://www.meetup.com/OCPAUSA/calendar/13957460>. If you're interested in carpooling, please indicate that when you RSVP.

Let's see if we can equal or succeed the great turnout in L.A. of over 300! Thanks for supporting the animals.

***Tailgate Party (Following Circus Demo) – Wednesday, July 28<sup>th</sup> at 7:30 p.m. in Anaheim***

Immediately after The Greatest Circus Protest on Earth, join OCPA for a vegan tailgate potluck in the Southeast corner of the AMTRAK/METRO LINK parking lot.

Follow this link for a graphic map showing exactly where to meet:

<http://files.meetup.com/1504035/Anaheim%20Stadium%2C%20Anaheim%2C%20C...pdf>

Please bring a vegan dish, dessert or drink to share. To clarify, please be sure your dish contains no meat, milk, eggs, honey or other animal products of any kind. Non-vegans are welcome.

Learn more here: <http://www.meetup.com/OCPAUSA/calendar/14033674/>.

***Veggie/Vegan Luncheon/Dinner Club Meeting – Sunday, August 1<sup>st</sup> at 6:30 p.m. at Happy Family Vegetarian Restaurant in Costa Mesa***

OCPA members and friends will meet on Sunday, August 1<sup>st</sup> at 6:30 p.m. for the monthly veggie/vegan luncheon/dinner club meeting at the Happy Family Vegetarian Restaurant in Costa Mesa.

Happy Family Restaurant, 1400 Bristol, Costa Mesa, CA. 92626; phone: (714) 668-9288; site: [www.happyfamilyvege.com](http://www.happyfamilyvege.com).

We meet every first Sunday of the month at a different vegetarian/vegan restaurant. Stay tuned for upcoming e-alerts or visit <http://www.meetup.com/OCPAUSA> for information about more of these types of gatherings in the future.

***Vegan Outreach at the Fullerton Artwalk – Friday, August 6<sup>th</sup> at 9:00 p.m. in Fullerton***

Join Kristine and others from Avec Mes Amis (<http://www.meetup.com/Animal-Rights-Vegan-Avec-Mes-Amis/>) for an evening of handing out Vegan Outreach literature about factory farming on Friday, August 6<sup>th</sup> at 9:00 p.m. in Fullerton. (These are full color booklets written by Jack Norris, a nutritionist. Handing out these booklets is easy and yes, they are effective!)



Fullerton Artwalk (<http://fullertonartwalk.com/>) is a popular monthly event downtown, and a good crowd of the young, hip, and artsy. The Hibbleton Gallery even hosted a vegan feed-in (courtesy of Taylor, who is now interning at HSUS!)

Post leafleting we can grab a drink.. or two, and talk activism, animal advocacy, and everything else! There are plenty of watering holes to choose from...

Meet at the corner of Harbor and Wilshire, in downtown Fullerton.

For more information and to RSVP to this Meetup, visit:  
<http://www.meetup.com/OCPAUSA/calendar/14137990/>.

### ***Veggie/Vegan Luncheon/Dinner Club Meeting – Sunday, September 5<sup>th</sup> at 6:30 p.m. at the Zen Restaurant in Westminster***

Join OCPA members and friends on Sunday, September 5<sup>th</sup> at 6:30 p.m. for the monthly veggie/vegan luncheon/dinner club meeting at the Zen Restaurant in Westminster.

Zen Restaurant, 9329 Bolsa, Westminster, CA 92683-5940; phone: (714) 895-3637.

We meet every first Sunday of the month at a different vegetarian/vegan restaurant. Stay tuned for upcoming e-alerts or visit <http://www.meetup.com/OCPAUSA> for information about more of these types of gatherings in the future.

### ***Walk for Farm Animals – Early October – Various Events and Locations***

Each year, thousands of compassionate people across the country take part in Farm Sanctuary's *Walk for Farm Animals*, an event that raises vital funds for our lifesaving work while educating the public about the devastating impacts of factory farming.

Visit <http://www.walkforfarmanimals.org/> to discover more about – and participate in – this year's event.

### ***Second Annual San Diego Veg Week – October 2-9<sup>th</sup> – Various Events and Locations***

Animal Protection and Rescue League will host the second annual San Diego Veg Week from October 2-9<sup>th</sup> this year, with Neal Barnard, MD of [Physicians Committee for Responsible Medicine](http://www.physicianscommittee.com/) as APRL's keynote speaker on Oct. 9<sup>th</sup>. Visit <https://humanesd.org/> for more details about this event.

### ***Veggie/Vegan Luncheon/Dinner Club Meeting – Sunday, October 3<sup>rd</sup> at 6:30 p.m. at Mitasie 3 in Huntington Beach***

Join OCPA members and friends on Sunday, October 3<sup>rd</sup> at 6:30 p.m. for the monthly veggie/vegan luncheon/dinner club meeting at Mitasie 3 vegetarian restaurant in Huntington Beach.

Mitasie 3, 7636 Edinger Avenue, Huntington Beach, CA 92647; phone: (714) 847-5262. The food is mostly vegan with just a couple of exceptions.

We meet every first Sunday of the month at a different vegetarian/vegan restaurant. Stay tuned for upcoming e-alerts or visit <http://www.meetup.com/OCPAUSA> for information about more of these types of gatherings in the future.

### ***Healthy Lifestyle Expo 2010 – October 15<sup>th</sup> – 17<sup>th</sup> in Woodland Hills***

Sponsored by VegSource, the healthy Lifestyle Expo 2010 is scheduled to occur between Friday and Sunday, October 15-17<sup>th</sup> at the Warner Center Marriott in Woodland Hills.

Featuring eye-opening presentations from leading health experts, learn how to prevent and reverse heart disease, achieve permanent weight loss, protect yourself against breast, prostate and colon cancer, and make the changes in your life you've always wanted.

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This year's speakers include: Joel Fuhrman, MD, John McDougall, MD, Jeff Novick, MS, RD, LV/N, Rip Esselstyn, John Robbins, Matt Lederman, MD, Rev. Heng Sure, PhD, and several others.

For more information and to purchase tickets, visit: <http://healthylifestyleexpo.com/>.

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## **Thank you for everything you do for the animals!**

Orange County People for Animals is a Southern California-based 501(c)3 non-profit animal advocacy organization founded in 1988 to help create a compassionate, healthy and peaceful planet for all living beings.

For more information about OCPA, visit our web site at <http://ocpausa.org>. To become an OCPA member or to make a donation using a secure online form, visit <http://ocpausa.org/join.htm>, e-mail [donations@ocpausa.org](mailto:donations@ocpausa.org) or [subscription@ocpausa.org](mailto:subscription@ocpausa.org) for additional information.

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